

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Newham Asian Women's Project (NAWP)	
If your organisation is part of a larger organisation, what is its name? No	
In which London Borough is your organisation based? Newham	
Contact person: Ms Baljit Banga	Position: Director
Website: http://www.nawp.org	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 1001834
When was your organisation established? 11/02/1991	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London Safer
Which of the programme outcome(s) does your application aim to achieve? More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being Children and young people living in refuges accessing specialist support that helps reduce trauma, increases resilience and gives them a voice
Please describe the purpose of your funding request in one sentence. Support survivors of domestic and sexual violence through specialist counselling and therapeutic services aiding their recovery, promoting safety and freedom from violence.
When will the funding be required? 03/10/2016
How much funding are you requesting? Year 1: £30,118 Year 2: £30,118 Year 3: £30,118 Total: £90,354

Aims of your organisation:

NAWP is a specialist BME organisation working to meet the needs of survivors of domestic violence through direct service provision enabling women to build-up their resources and capacity to live independent lives. NAWP's vision is to work towards the alleviation of domestic violence and other forms of gender violence. NAWP achieves its vision by pursuing its' key aim - to support and empower women and their children who are survivors of domestic and sexual violence to re-build their lives and promote their long-term recovery working in ways with them to ensure that they remain safe. Key activities are developed around specialist services and interventions under a framework of recovery and support through the provision of quality services to improve safety and health and well-being outcomes and work towards improved quality of life which includes reducing repeat victimisation, prevention and, resilience

Main activities of your organisation:

1. Housing support accommodation-based services to women and their children feeling domestic violence to enable them safe space to rebuild their lives. This service is accessed by all BME women from age 18+ and their children including victims of trafficking, sexual exploitation and grooming.
2. Therapeutic support including person-centred counselling and support groups for adult women suffering domestic violence and other forms of gender violence.
3. Dedicated services for young women and girls developed under an early intervention and prevention framework (mental health advocacy, 1:1 support, counselling and therapeutic services, schools based workshops and support groups) with dedicated work is delivered around sexual exploitation and abuse including grooming and sexual harassment.
4. Legal advice services available to BME women in East London and the London Borough of Haringey focusing on a human rights based approach delivering advice and advocacy.
5. Capacity building training programme around domestic violence to professionals working across sectors, and research and policy development activity.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
10	10	5	4

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	3

Summary of grant request

NEED: Women's Aid Day Count 2012 on women and children accessing refuges in the UK found that 7,608 women and 4,734 children were turned away because there was insufficient bedspaces in refuges to accommodate them. Specialist refuges for BME women fared less well with 6 refuges losing funding and closing across the country. In Newham domestic violence increased 7% compared to 4% across London. Newham is the second highest borough for domestic violence incidents. Newham is 5 bedspaces under the 30 suggested by the Best Value Performance Indicator on per capita domestic violence bedspace capacity. NAWP accommodates 104 women and 65 children annually. In the last 12 months 30 women could not be accommodated in refuges because of the lack of bedspaces. These figures paint a picture of high demand, lack of bedspace capacity and women remaining in violent relationships longer due to diminished resources to support them.

DELIVERY PLAN: (1) Recruitment of worker (2) Development of therapeutic support instruments and related processes, casework management system, counselling timetable, and referral management system. (3) Worker will provide therapeutic outcomes to support plans. (4) Development of a performance management framework (PMF) for the service.

AIMS: (1) Address a gap in provision for women and children in refuges through specialist therapeutic support. (2) Use empowerment based in humanistic and person-centre theory, to build resilience. (3) By providing bedspaces to trafficked women, provide therapeutic support to facilitate their health, well-being and independence. (4) Use casework to continuously develop and improve therapeutic support models for women and children suffering specific forms of violence (forced marriage, honour-based violence and FGM)

WHY IS NAWP THE RIGHT ORGANISATION? NAWP has a 27 years track record delivering specialist services to women and children suffering domestic violence. The following experience is relevant to this project: (1) Solid reputation for managing emergency accommodation for women and children and reducing repeat victimisation and moving women on to independent living. (2) NAWP has been developing therapeutic support models where the casework directly feeds into how we support women and children at risk. (3) We have a field tested and effective approach to reaching out to the most vulnerable BME women in the. (4) BME communities in general associate stigma to mental health intervention. NAWP has had more than 15 years of experience addressing mental health stigma in BME communities.

MEETING PROGRAMME OUTCOMES: NAWP will be meeting the outcomes by developing and delivering specialist domestic violence therapeutic and counselling support service to vulnerable BME women and children in refuges. The model will be based on empowerment, include recovery from complex and high risk domestic violence, focus on trauma mitigation through intensive support and meeting gaps in counselling provision to BME women and children.

GOOD PRACTICE PRINCIPLES: (1) NAWP has a service user panel which is attended by women from the refuge. The panel is called 'Strategic Voice' where service users can feedback on service performance, future development, gaps in provision, and governance. (2) NAWP diversified in 2010 to include all BME women and children maintaining a specialist focus and to meet need for services produced by the closure of specialist BME provision. (3) NAWP has a support structure to recruit and support volunteers providing them with training and awareness. (4) NAWP has been green conscious for a few years, aiming to become a paperless office (as much as possible given the nature of the work done, we have an awareness raising workshop for service users on eco matters, and are conscious on the use of SMART energy. We have plans to participate in an eco-audit and following that, develop a green policy for NAWP.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

NA

Do you have a Vulnerable Adults policy? ~~NO~~ YES BB

What Quality Marks does your organisation currently hold?

CUSTOMER FIRST, ADVICE QUALITY STAND BB

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Deliver 1:1 counselling to 135 women and 65 children annually.

Deliver weekly support groups (total of 36 annually) for women in the refuges where take-up is voluntary with a minimum of 5 women attending each session.

Deliver a monthly workshop (total of 10) for women in the refuge on awareness raising around mental health and well-being and focusing on domestic violence issues.

Engage 5 children quarterly in play therapy to address trauma and aid recovery.

Feed into casework good practice through the performance management system enabling NAWP to achieve continuous learning in supporting vulnerable BME women.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

135 women will improve their parenting skills through therapeutic support to build positive non-violent relationships with their children.

65 children will be supported to recover from the trauma of domestic violence through therapeutic support.

Women and children will have better awareness of domestic violence and its effects by developing positive coping leading to non-violence.

Use casework to inform and improve safeguarding training, practice and policy in the borough by disseminating results to 25 senior officers and commissioners.

Improve self-esteem, confidence and self-worth so that women feel empowered and independent to live free from violence.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

NAWP has a fundraising strategy linked to the business plan. Fundraising for a three year project start 12 to 19 months before the project end date however funding sources are continuously identified in the fundraising strategy. This approach ensure continuity and produces better sustainability outcomes for the organisation.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

200

In which Greater London borough(s) or areas of London will your beneficiaries live?

Newham (67%)

Haringey (33%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

Other ethnic group (including Arab)

If Other ethnic group, please give details: **Arab, Persian**

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs	28,618	28,618	28,618	85,854
External supervision costs	1,500	1,500	1,500	4,500
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	30,118	30,118	30,118	90,354

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs	28,618	28,618	28,618	85,854
External Supervision costs	1,500	1,500	1,500	4,500
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	30,118	30,118	30,118	90,354

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	3,576
Activities for generating funds	0
Investment income	211
Income from charitable activities	831,908
Other sources	0
Total Income:	835,695

Expenditure:	£
Charitable activities	833,668
Governance costs	20,236
Cost of generating funds	20,920
Other	0
Total Expenditure:	874,824
Net (deficit)/surplus:	-39,129
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	39,129

Asset position at year end	£
Fixed assets	6,514
Investments	0
Net current assets	298,698
Long-term liabilities	0
*Total Assets (A):	305,212

Reserves at year end	£
Restricted funds	31,960
Endowment Funds	0
Unrestricted funds	273,252
*Total Reserves (B):	305,212

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
51-60%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In the last financial audit Supporting People Income is stated as £316,697. This has been reduced by 60% in the current financial year. Revenue income from refuge rents will increase in the current financial year by approximately £100,000 due to additional bedspaces to meet demand and to offset the loss of income. The organisation is moving to a sustainability model reducing income from statutory sources.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	490,776	501,060	422,072
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	77,096	72,471	97,029
Paul Hamlyn Foundation	37,100	38,518	4,500
BBC Children in Need	16,303	19,000	20,000
Comic Relief	0	38,500	39,125
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Baljit Banga**

Role within **Director**
Organisation: